# British Georgians

Newsletter for the Georgians in the UK



KGMC Alumni UK October 2021

## NEWS

## Executive committee

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Dr Ashok Jainer

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Dr Shishu Sharma
Dr Vikas Malik
Dr Jasbir Singh
Chhabra
Dr Jyoti Agarwal
Dr Sachin Wahal
Dr Sanjay Gupta
Dr Itisha Gupta

- The KGMC UK alumni meet was organised on 9th Oct, 2021 in Manchester. Next UK alumni meet is planned in Birmingham in September 2022.
- The KGMC UK website has been revamped and is much improved, thanks to the efforts of Dr Sachin Wahal.
- Dr Nitin Goel (Cardiff) has published his research on sepsis risk assessment tool for neonates. Details inside.
- Dr Anupam Lall (Newcastle) has been appointed as Head of services to oversee operational delivery network at the GreatNorth Children's hospital. Details inside.
- Dr Shishu Sharma (Sheffield) has written 3 book chapters GERD and endoscopic therapeutic techniques; Gastritis and gastropathy; duodenal endoscopic web division.
- Dr Dhavendra Kumar (Cardiff) has initiateda Global Academy of Medical Sciences to promote excellence in healthcare and education.

## ANNUAL AWARDS

LIFETIME ACHIEVEMENT AWARD - Dr N K Jain.

GLORY OF GEORGIANS - Dr Ira Pande

Emerging Georgian Award - Dr Jasbir Chabra

OUTSTANDING ACHIEVEMENT AWARD - Dr Sachin Wahal and Dr Shishu

Sharma

BEST ENTERTAINMENT AWARD - Dr Bhavana Purwar

#### EDITORIAL

As we head towards the end of 2021, it seems like an opportune moment to reminisce the months gone by. We have had an alumni meeting last weekend, which marks the steady march towards relative normality for life in the UK. The word 'relative' is crucial, as a heavy price has been paid in overcoming the pandemic. The impact on the personal, professional, financial, and mental well being for an overwhelming majority of the population has been profound, drawing parallels with anation at war. War with an invisible enemy. The vaccination program appears to be a success and has ameliorated the carnage of the pandemic. As the country unbridles from the restrictions, a sense of freedom pervades.

The alumnimeetingwasajoyous occasion, with record attendance. An excellent CME program followed by an evening of dinner, music and dance. The talent of Georgians was demonstrated not only on the CME podium, but on the dance floor, and with the microphone. For this one evening ayear, we come together as one big family. Dr Vikas

Malik and Dr Jasbir Singh assiduously organised the meeting and did astellar job.

This edition features two of our alumni – Dr Anupam Lal and Dr Nitin Goel. Academic excellence is at the core of Georgian culture, and this is inculcated right from the verybeginning of our medical

careers. The achievements of our Georgian family members reinforce this on a constant basis.

There is also athoughtful feature from our in-house writer – Dr Ekansh Debuka. I hope you enjoy this edition and we welcome contributions for future editions.



Dr Sanjeev Agarwal Orthopaedic Consultant University Hospital of Wales, Cardiff.

## Alumni feature - Mr Anupam Lall

I graduated from SN Medical College, Agra in 1991 and then joined KG Medical College, Department of Surgery under stewardship of Prof R P Sahi. I developed interest in "Surgery of the Children" in Lucknow (Inspiration from Prof A K Wahlu) and then did MCh in Paediatric Surgery from AIIMS, New Delhi. After a brief spell in AIIMS, I moved to United Kingdom in 2000.

Paediatric Surgery encompasses correction of congenital anomalies

both in neonatal and paediatric age group (to name a few-Tracheo-oesophageal fistula and oesophageal atresia; abdominal wall defects, cloaca, spina bifida). I specialize in Neonatal and Urological problems in children. We provide surgical support to our Preterm babies unit, congenital heart surgery ICU, Metabolic disorder and Bone marrow unit. I have personally developed interest in major bladder reconstructive surgery in children with cloacal anomalies, neuropathic bladder and ano-rectal malformations. I also run antenatal counselling clinic where parents with congenital foetal anomalies are explained antenatal intervention and postnatal management.

I am a FRCS question writer and Examiner for the last six years and regularly review articles in the established peer reviewed paediatric surgical journals. I have recently taken up management post of Head of services which will oversee "Operational delivery Network" in North east for safe delivery of Surgery in Children as close to home. Great North Children's hospital is tertiary unit supporting local DGHs and one of the biggest in United Kingdom, which delivers comprehensive care across a range of specialties. Research is collaborated with Newcastle University and "Centre for Life".

Mr. Anupam Lall

MBBS, MS, M Ch, DNB, MRCSEd, FRCS (Paed. Surg).

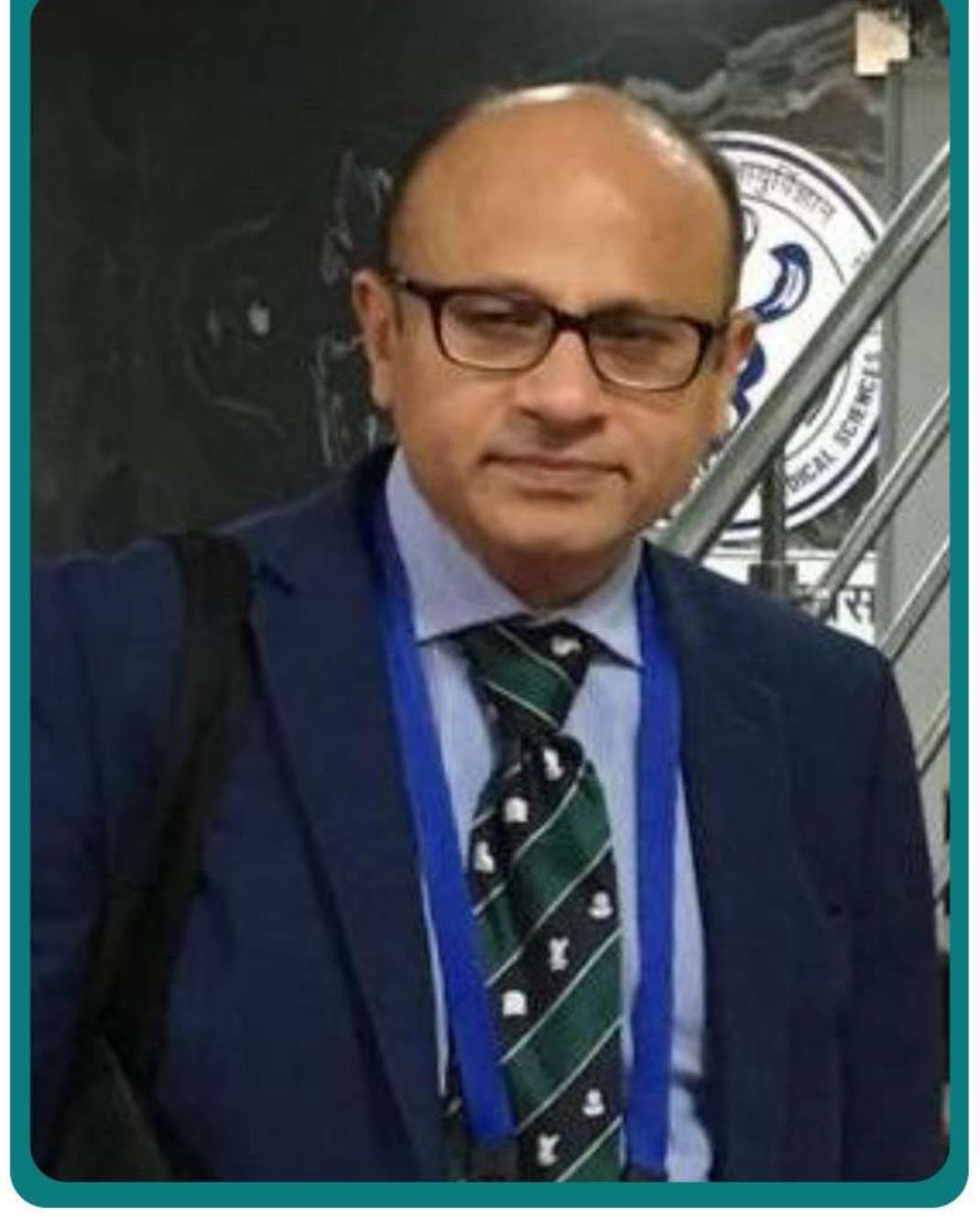
Head of Department of Paediatric Surgery

Executive Council of British Association of Paediatric Urologist

Consultant Paediatric Surgeon/ Urologist

**Newcastle upon Tyne NHS Foundation Trust** 

**Great North Children's Hospital** 

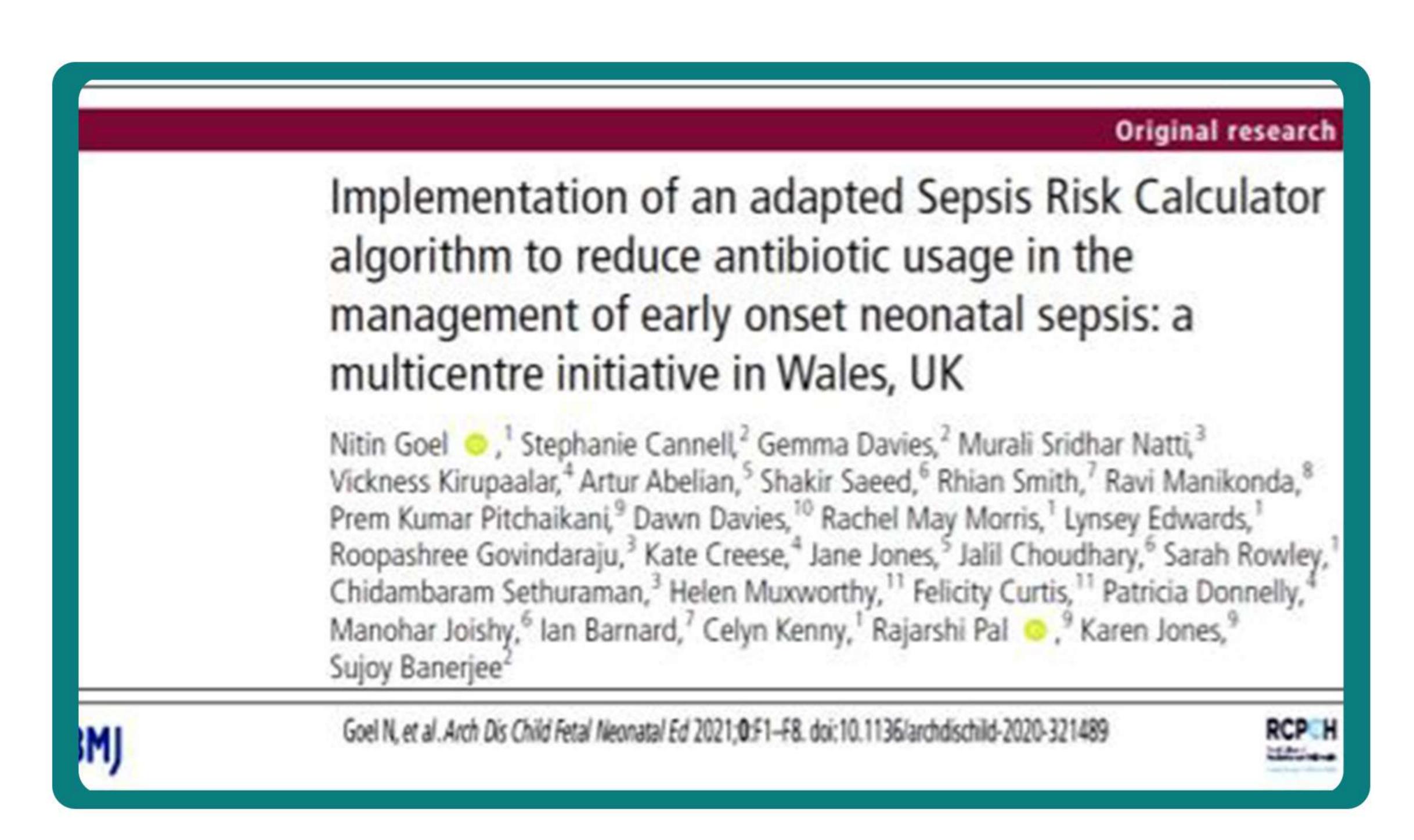


## Alumni feature - DrNitin Goel

Dr Nitin Goel is a Georgian of the 1993 batch, graduated in 1999 followed by MD in Paediatrics from KGMC (2000-03). He has pursued a successful career in Paediatrics since 2004 in the UK and subspecialized in Neonatal Medicine. He has been a Substantive NHS Consultantsince 2014 and is working as a Neonatal Consultant at University Hospital of Wales, Cardiff since 2018. His areas of interestare Neonatal Benchmarking & Data management, Sepsis, Transport and Neurodevelopment. He is also a lecturer with Cardiff University and leads a module on Neonatal Transport for MSc in Neonatal Medicine.

He has a keen academic interest and despite being in full clinical role, has published more than adozen papersin international high impact journals which have been cited in more than 200 articles. His most recent work has involved implementation of a sepsis risk assessment tool (the Sepsis Risk Calculator), across the neonatal units in Wales. This multi-professional collaborative work has helpedin reduction of antibiotics usage by 45%, in the management of early onset neonatal sepsis. This wasdone safely with strict governance processes and led significant reduction in resources and potential adverse effects of unnecessary antibiotics on new-born babies. This work has recently been published in the most popular British paediatric journal - Archives of Diseases in Childhood (ADC-Fetal & neonatal ed). With this, Wales has led the wayin such an initiative for the other neonatal units to follow across the UK.

Dr Nitin Goel
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## Hollywood and Bollywood -Similarities and contrasts in different filmindustries

The potential of audio-visual inputs to leave an indelible mark on our minds is undeniable. With the adventof easily accessible super-fast internet, several streaming platforms and podcasts like Netflix, YouTube etc. and wide access to a plethora of viewing options, their impact has only magnified. What we watch and listen to, shapes our thoughts, opinions and ideas consciously and subconsciously. Similarly, movies are widely viewed as a form of entertainment but in fact serve as much more. In the 1970's, English professorW. J. Palmer's from Purdue University concluded from his studies spanning over 2 decades that "people in mass society get a sense of their history from the way its portrayed in movies".

The "Wood" twins, Hollywood and Bollywood, are possibly two of the most influential movie industries acrossthe globe with their reach spanning borders and continents. Their portrayal of war, history, technology, romance and adventure shapes our thoughts and opinions as they often serve as our only way of experiencing things we have and might neverbeable to do in person. The durable impression they create on our impressionable minds is often quite hard to dislodge. In the samevein, their depiction of doctors, nurses and healthcare industries in general is the closest real-life experience of the medicine profession for a vast majority of the masses.

Doctors have for long been held at ahigh pedestal in the Indian society, synonymous with humanitarianism and empathy for their fellow beings, and Bollywood has often canvassed them as such. They've been shown as healers, avoice of reason, bringing a sense of calm donned in their long whitecoats with a stethoscope draped around their necks. The legendary actor V Shantaram starrer "Dr Kotnis ki Amar Kahani" premiered in 1946 and amicably showed the sacrifices, challenges and bravery displayed by a doctor serving in awar. Many others like Rajendra Kumar and Raj Kumar led "Dil Ek Mandir" from 1960's depict the selflessness and professionalism displayed my doctors even in diretimes and often at high personal cost to serve and upholdthe Hippocratic oath.

Over the years, the depiction has evolved with the most familiar in recent yearsbeing Sanjay Dutt's light hearted but heart-touching "Munna Bhai MBBS". It highlights that it's not only the education that makes one adoctor but one's innate qualities that define him as one. Even the tagline from the movie translates into "don't worry, I'm there" is are-affirmation of the ever-availability and reliability that anyone donning the white coat brings. Qualities that define him as one. Even the

taglinefrom the movie translates into "don't worry, I'm there" is a re-affirmation of the ever-availability and reliability that anyone donning the whitecoat brings.

However, there are several examples of depiction of manyincorrect and often egregious things in Bollywood movies like sucking blood in the case of asnakebite, extracting bulletswith bare hands and miraculous recoveries with CPR, surgery and medicines. The list is endless with



some farcical and comical examples as well. One ought to remember that medicine is not an exact science like mathematics and there are often factors at playwhich are beyond the current purview of medical science making outcomes uncertain. Comparethis to the Hollywood sitcoms and films and one will immediately notice a stark contrast ranging from the hospital setup, resources and personnel available and even the scenario depictions. For example, some of the more famous sitcoms in recent times to come from the western world like "Scrubs", "House MD" showa more glamorous side of medicine entwined with the sameethos of professionalism and care towards the patient. While the doctor-patient relationships often take centre-stage, they don't hesitate to explore the challenges of balancing apersonal, romanticand spirituallife amidst it. Several iconic actors and actresses have adopted the title of adoctor through some magnificent works like Robbie Williams in "What Dreams May come" and "Patch Adams" and Whoopi Goldberg in "Girl Interrupted.



Although often depicted in ahealthy and virtuouslight, several movies have shown characters who, as doctors, have indulged their dark side and displayed striking malevolence and wickedness. Such depictions which are available in mainstream media has made the masses aware that not every doctor is cut from the samestone. While one brings admirable traits to their vocation,

it can sometimes be tarnished by the vices one seeks to quell.

While this might be an over-generalization, Hollywood movies tend to show medicine in amore realistic fashion as compared to the slightly more fanciful and traditional outlook of its Bollywood counterpart. Like our gastronomic wants, Bollywood caters to the unquenchable thirst for "masala" in its forays for the monetary returns dictate the direction. The industries respond to the goldenrule of demandand supply and as such their products are often devised keeping in mind the target audience. They

In essence, the sway these seemingly innocuous movies and sitcoms can have on our understanding of the world around is irrefutable. Borrowing from the hitHollywood franchise Spiderman, "with great power comesgreat respon sibility" applies to them and like responsible journalism, the movie industries while retaining their freedom to express and explore concepts and ideas, must recognize that they are accountable in shaping society. The art of medicine requires years of toil, sacrifice and dedication which is not everyone's cup of tea and the general public can only experienceit vicariously through these platforms. This has neverbeen more relevant than during this Covid

pandemic when doctors have been frontline warriors with exemplary tales of courage, bravery and personal sacrifice. Hopefully, the "Wood" brothers spurn their future productions to show the world that the doctors shall bear the torch of light through death and darkness.

#### AUTHOR DETAILS:

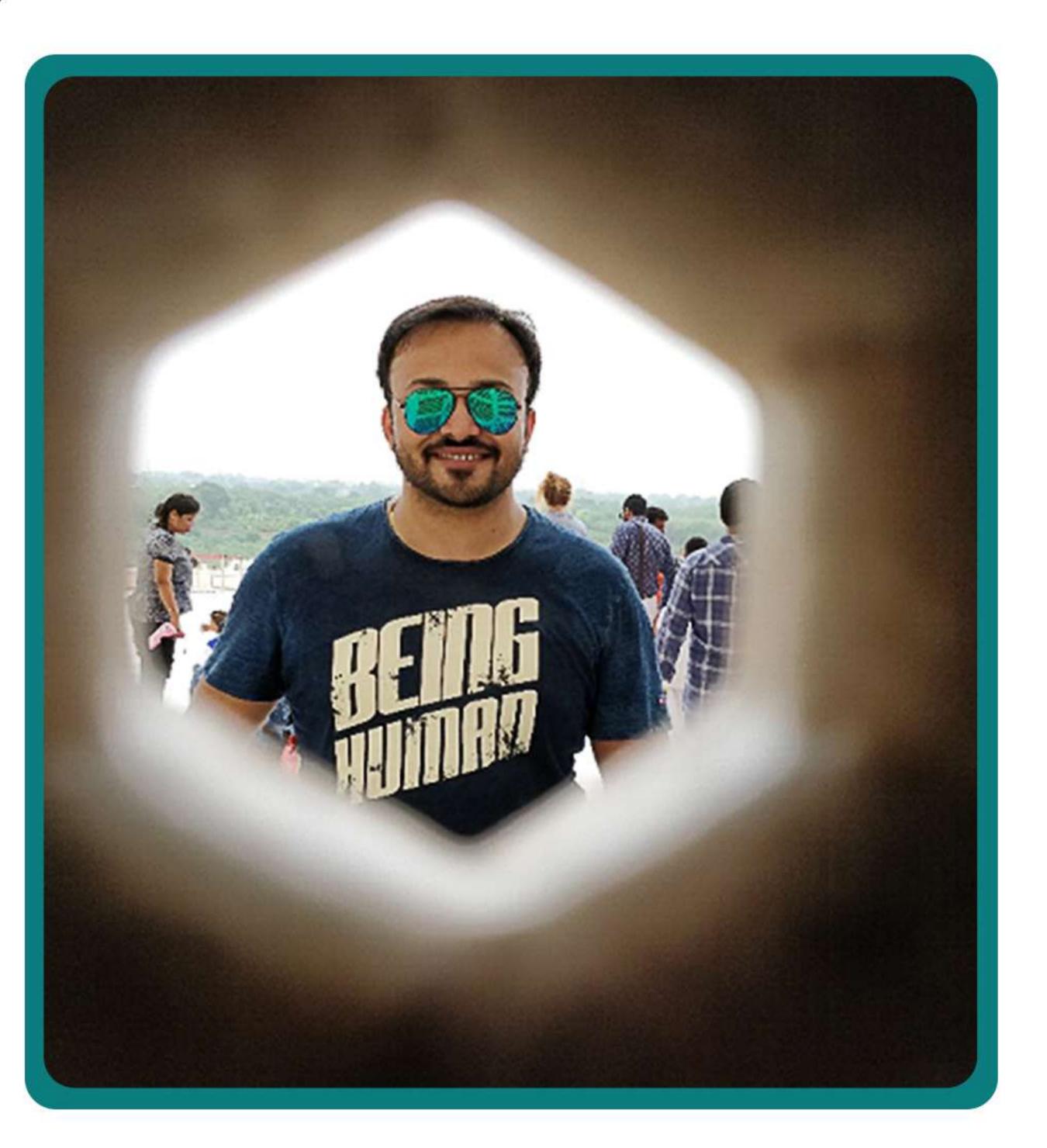
Name: Ekansh Debuka,

Mch Fellow Limb Reconstruction Surgery, Liverpool, UK

Royal LiverpoolUniversity Hospitals

(MS Orthopaedics, DNB Ortho, MRCS Edinburgh)

I have always been good with my hands and that combined with apenchant for fixing brokenthings probably led me to become an Orthopaedic surgeon. I find it most pleasurable to be able to help peopleand the joy and gratification to see your patients back on their feet walking again is second to none. While fixing bonesis my primary vocation, I strongly believe in making the most of every moment.



My hobbies include trekking, writing, playing and following cricket. I am also passionate about teaching and tryand do so through avenues like my Youtube channel or my blog.